

SCHWABISCHE TANZFOLGE (continued)

- 5 Repeat meas 1.
 6 Ptrs clap R hands (ct 1), then L hands (ct 2).
 7 Repeat meas 6.
 8 Ptrs clap both hands three times (cts 1, & 2).
 9-16 Repeat meas 1-8.
 17-32 Two-step promenade: Sixteen two-steps turning CW with ptr in ballroom pos, progressing in LOD.

Dance description by Rickey Holden & Walter Kögler.
 Abbreviations added to fit U.O.P. syllabus format.

Presented by Walter Kögler

FRIEDERIKE or DREIMALTRAPPER

(Swabia, Germany)

(Couple Dance)

This dance comes from the Swabian Alb mountain region south of Stuttgart.

Translation: Frederika, or Three-Stepper (i.e. Mazurka).

Record: Tanz EP 58 126.

Formation: Circle of cpls facing LOD (CCW), W on ptr R.

Starting Pos: Ballroom pos, M back to ctr, M L ft free, Steps are described for M; W does counterpart.

Mazurka step sdwd (L): Step sdwd L on L ft bending knees slightly (ct 1), a slight leap sdwd R on R ft (ct 2), a slight hop on R ft in place (ct 3).

The traditional Swabian peasant form of the step: Step sdwd L on L ft bending knees slightly, and keeping whole R ft touching the floor without taking wt (ct 1); rock back on R ft in place and bend L knee to raise lower leg up in back of R leg, bending slightly then straightening R knee (cts 2, &); bend slightly then straighten R knee (cts 3, &).

Mazurka step (R): Same, reversing direction and ftwork.

Music 3/4

Meas

Pattern

- 1-2 Two Mazurka steps sdwd (L).

FRIEDERIKE or DREIMALTRAPPER (continued)

- 3 Three walking steps (L,R,L), turning CCW half around so M faces ctr.
 4 One Mazurka step sdwd (R).
 5-8 Repeat meas 1-4 reversing ftwork and turning CW. This makes three Mazurka steps (R) during meas 4-6.
 9-16 Repeat meas 1-8.
 17-18 Repeat meas 3-4.
 19-20 Repeat meas 17-18 reversing ftwork.
 21-24 Repeat meas 17-20.

Dance description by Rickey Holden & Walter Kögler. Abbreviations added to fit U.O.P. syllabus format.

Presented by Walter Kögler

WALDEGGER

(Swabia, Germany)

(Couple dance or mixer)

- Translation: From village of Waldegg.
 Record: Tanz EP 58 126.
 Formation: Circle of cpls.
 Starting Pos: M back to ctr, R hands joined. M L ft free and steps described for M; W does counterpart.

Music 2/4

- | <u>Meas</u> | <u>Pattern</u> |
|-------------|--|
| 1 | Step sdwd L on L ft (ct 1); point R toe across in front of L ft (ct 2). |
| 2 | Repeat meas 1, reversing direction and ftwork. |
| 3-4 | Four walking steps in LOD (CCW), M starting with L ft and moving fwd, W starting with R ft and turning CW twice around under joined R hands. |
| 6-7 | Repeat meas 1-2. |
| 7-8 | Slap own thighs (ct 1); clap own hands (ct 2).
Ptrs clap hands three times (cts 1, &, 2). |

As Mixer: As above, except during meas 4, release hands and W move to M ahead as she turns the second time, while M dances 2 steps in place.

Dance description by Rickey Holden & Walter Kögler. Abbreviations added to fit U.O.P. syllabus format.

Presented by Walter Kögler